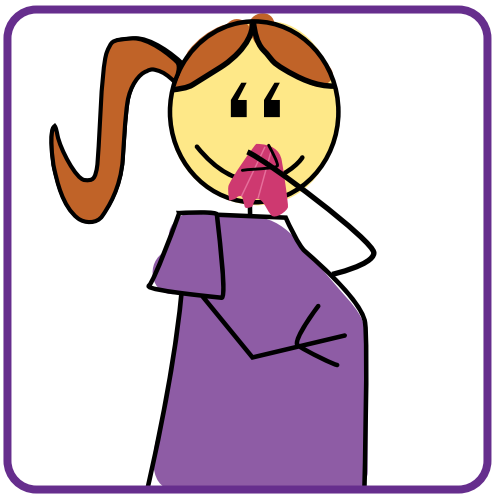
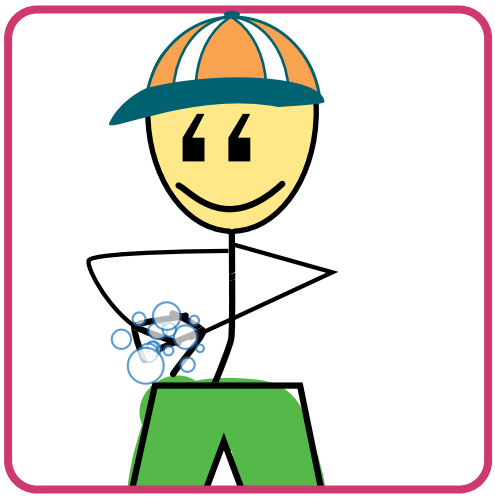
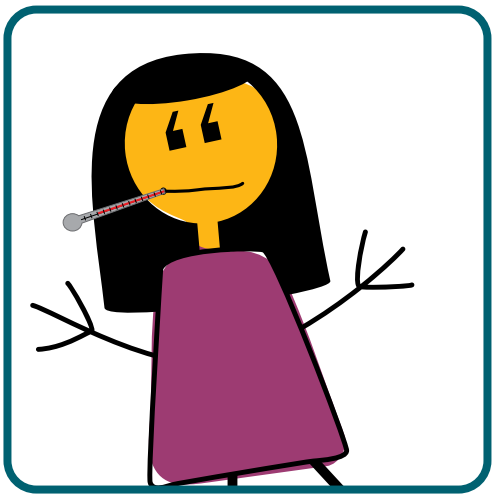
STOP THE SPREAD OF GERMS THAT MAKE YOU AND OTHERS SICK!



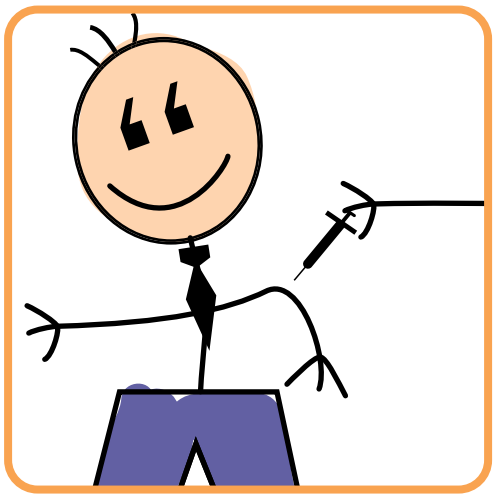
COVER YOUR COUGH
WITH A TISSUE OR YOUR SLEEVE



WASH YOUR HANDS



STAY HOME FROM WORK OR SCHOOL WHEN YOU ARE SICK



GET YOUR YEARLY FLU SHOT

- ☑ Boost your natural immune response with vaccines and keep your family from getting sick.
- ☑ Talk to your doctor, nurse or pharmacist about which vaccines are right for you and your family.

StopTheSpreadAZ.org

Arizona Department of Health Services

Maricopa County Public Health
WeArePublicHealth.org

tapi The Arizona Partnership for Immunization
WhyImmunize.org

STOP the SPREAD
StopTheSpreadAZ.org

11/14 Cover Your Cough