



just in case arizona

Extreme Heat

A Few Facts:

- Temperatures that stay 10 degrees or more above the average high temperature and last for several weeks are defined as extreme heat.
- Humid or muggy conditions occur when hazy, damp air gets trapped near the ground.
- Excessively dry and hot conditions can start dust storms and low visibility.
- A drought occurs when a long time passes without heavy rainfall. A heat wave combined with a drought is a very dangerous situation.

Vocabulary:

- **Drought:** a long period of dry weather
- **Heat Wave:** a long period of excessive heat often combined with excessive humidity.
- **Heat Stroke:** when a person stops sweating and their body temperature goes up.
- **Humidity:** the amount of moisture in the air.

References:

- **Federal Emergency Management Agency (FEMA)**
- **Merriam-Webster Word Central**

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