



just in case arizona

Hand Washing Songs

Disease outbreaks are disasters too. An **influenza pandemic**, for example, is just as dangerous as an earthquake, hurricane or flood. You can **prevent** the spread of disease by covering your cough and washing your hands. Here are a few songs about keeping your hands clean.

“Twinkle, Twinkle Little Star”

Twinkle, twinkle little star
Look how clean my two hands are
With soap and water, wash and scrub
Got those germs off, rub-a-dub-dub
Twinkle, twinkle little star
Look how clean my two hands are

“Wash, Wash, Wash Your Hands”

Wash, wash, wash your hands
While you sing this song
Rub and scrub, rub and scrub
The germs swirl down the drain

Scrub, scrub, scrub your hands
While you sing this song
Rub and scrub, rub and scrub
The germs swirl down the drain

“If You’re Dirty and You Know It”

If you’re dirty and you know it
Wash your hands
If you’re dirty and you know it
Wash your hands
If you’re dirty and you know it
Then your hands will surely show it
If you dirty and you know it
Wash your hands.